

Inclusive Dance

Introduction

The IDO would like to be a leading guide and representor to improve the inclusive dance section for itself and all other worldwide dance organizations.

Our Mission is to ensure that IDO Championships be a reflection on our modern society which actively consists of, and is accepting to, people of diversity and difference.

Dance integration is a process of mutual connection of individuals and groups and their inclusion into a larger, relatively harmonious, and organized dance unity and its rules. The strengthening of dance integration will result in behavioral patterns that are in accordance with norms, in groups functioning more harmoniously and efficiently, and from a subjective perspective – it will increase individual satisfaction, the willingness to accept common rules, and contribute to the development of the identity of the group. In simpler terms – any individual who attends a dance class or a dance contest must adhere to the rules of the group in charge of the class or contest. Dance inclusion is not only about including an individual or group into an existing work system, it is a lifestyle in a sense of enabling every individual to live and work, and to include dance into their lives according to their abilities. This further implies that living conditions should be improved so that everyone can progress and achieve the highest level of satisfaction and happiness possible. Training and competition conditions should be adjusted to the needs of every individual, without forcing people with “special needs” to adjust to the conditions that do not meet their requirements. This means that training outlines for dance education and contests should be adapted to individualized work forms, and a Statute should be created that would outline the rules for a new system of competing that would be just and humane towards everybody.

Therefore, it is necessary to form a new dance committee for all the dancers and dance communities who would like to work and dance together without any restrictions of physicality or cognitive impairment.

Inclusive dance will contain all our IDO disciplines from Hip Hop to Folk Dances and will also be open for Solos, Duos, Groups, and Formations. Involving all the dancers to come together in dance, competition, having fun, sharing experiences, being successful, and in supporting and strengthening each-other’s talents and requirements, will be a new and wonderful experience for all the worldwide dance organizations.

We would like to promote and grow this worthwhile venture so that soon all our competitions will support and incorporate “Inclusive Dance” into their programs.

Rules

Inclusive Dance

Disciplines: all IDO disciplines

Age Groups: no limits (children under 4 years are not allowed to compete)

Categories of events: Solos, Duos, Couples, Groups, Formations, Productions

Solos:

- Physical Impairment (PHI)
- Cognitive Impairment (CGI)
- Physical and Cognitive Impairment (PCI)

Duos:

- Physical Impairment (PHI) – Physical Impairment (PHI)
- Physical Impairment (PHI) – No Impairment (NOI)
- Cognitive Impairment (CGI) – Cognitive Impairment (CGI)
- Cognitive Impairment (CGI) – No Impairment (NOI)
- Physical and Cognitive Impairment (PCI)– Physical and Cognitive Impairment (PCI)
- Physical and Cognitive Impairment (PCI) – No Impairment (NOI)

Groups:

- Inclusive – more than 50% of the dancers have to be PHI, CGI or PCI

Formations

- Inclusive - more than 50% of the dancers have to be PHI, CGI or PCI

Other rules: The same rules which are used for the specific IDO dance discipline.

There will be the TCI system in all disciplines without show and TCIS in all disciplines with show.

Names of the discipline will be: first the category (PHI, CGI-NOI, Inclusive) then the IDO dance discipline, f.i.

- Inclusive Hip Hop Formation
- Inclusive Contemporary Groups
- Physical Impairment (PHI) – No Impairment (NOI) Salsa Couple
- Cognitive Impairment (CGI) – Cognitive Impairment (CGI) Folk Dance Duo
- Physical and Cognitive Impairment (PCI) Showdance Solo

When **stage props** are allowed then:

Solo

One assistant person is allowed to help bringing the stage props on the stage and back (in one trip)

Duo

Two assistant persons are allowed to help bringing the stage props on the stage and back (in one trip)

Groups

Three persons are allowed to help bringing the stage props on the stage and back (in one trip)

Formations

Four persons are allowed to help bringing the stage props on the stage and back (in one trip)

Production

There are no extra rules for production. As figured out in the general rules Production is open to everyone. In our IDO history we had productions with dancers with Physical and Cognitive Impairments in our productions who won the championships, have been on a 2nd place competing against all other dancers!

Free Entries

Additional to the free entries for solos, duos, groups and formations according to the rules, inclusive dancers will get:

Solo plus 1

Duo plus 2

Groups plus 3

Formation plus 4

Production plus 6

free entries, but only for the day of their competition.