

List of IDO Rule Changes and Clarifications **SEPTEMBER 2022**

passed at ADMs and AGM 2022

RULE changes are marked:

black = old text, green = clarification, red = new text, (dark red = rules for TEST competitions of new disciplines), purple = reason, explanation (text is NOT in the Rule book)

1.
Some **GREEN** and **RED** text from January 2022 version was changed into **black**
2.
Changes and clarifications in CONTENT and pages in Content and Rule Book
Due to some changed, added chapters, sections,...etc, necessary **renumbering** was done
3.
Book 3, section 1, under General Rules - for all Performing Arts disciplines
Rules about glasses and hearing devices were added - both for **SAFETY REASONS**
HEARING AIDS – see rule listed under n. 4
GLASSES:
If a dancer needs to wear glasses (for medical reasons) during their performance, it is **recommended** that the dancer have an elastic holding them **on/around head (example picture):**



(PA ADM 2022, Implementation 1.9.2022)

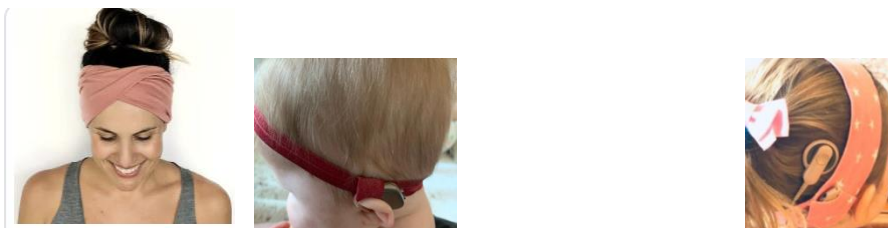
Book 3, section 2, under General Rules - for all STREET DANCE /URBAN disciplines
Both rules PASSED as RECOMMENDATION under STREET Department

Book 3, section 3, under General Rules - for all COUPLE Department disciplines
Only rule about Hearing Aids passed.

4.
Book 3, section 1, under 1.5 - ACROBATIC Dance
Rule clarification about hearing devices was added.

HEARING AIDS:

If hearing aids must be worn, dancer shall fasten them properly. Example, see Ear Gear Hearing Aid Accessories



← Use of O-ring and clip under headband

(PA ADM 2022, Implementation 1.9.2022)

- 5.
- Book 3, section 1, under 1.6 - BALLET**
- BALLET solo clarification and information to the rules was added**
1. Ballet has **two sections in the SOLO** category in all the age divisions: the **Repertoire** section and the **Open** Classical ballet section.
Dancers may enter **BOTH** sections at the competitions **OR ONLY ONE**.
The choice is theirs.
2. **Repertoire** : Must be chosen **from the list** that the IDO has drawn up (different for male/female and different for age divisions)
No changes may be made to these Repertoires that have been selected and no Repertoires may be danced in the Open (own) Classical section.
The MALE Junior section has a choice of six repertoires. Junior 1 and Junior 2 may choose from ANY of the six. The solos have been marked as Junior 1 and Junior 2 solos, but this is just a suggestion to aid in the decision of which solos to choose.
This is in line with the Junior females who can also choose any of the seven solos in their list.
Children **MAY NOT** dance on pointe.
Junior and Adult female must be on pointe in the Repertoire section.
NO VARIATIONS OF THESE REPERTOIRES WILL BE ACCEPTED (except turn may be done right or left).
3. The **Open Classical** section must be pure classical ballet and not “modern” or neo classical”. It was decided that these could be put into the modern or show section.
4. The original rule of no pointe for Children, choice of pointe or demi pointe in Junior and compulsory pointe in Adult female section will apply
5. **NO REPERTOIRES MAY BE DANCED IN THE OPEN CLASSICAL CHOREOGRAPHY SECTIONS.**
6. Enrollment must be accompanied with the name of repertoire number
(PA ADM 2022, Implementation 1.9.2022)

- 6 .
- Book 3, section 1, under 1.1**
- INFORMATION** about **BALLET**
- BALLET** was added into the “**Breanna’s table**” (including ballet differences, views)
Details in the **attachment**, 2 pages (1st page **OPEN CLASSICAL**, 2nd page **REPertoire**)
Implemented for September 1, 2022.

- 7.
- Book 3, section 1, under 1.10 Oriental/Belly Dance**
- ORIENTAL FOLK**
- Dance name/title (oriental folk) should consist of a specific dance name, not only the name of the country.**
- For example, a dance cannot be named with the word Iraq, Algeria, Tunisia, Morocco. The dancer must provide a specific name for the dance: Algerian Kabyle dance, Iraqi hacha, Moroccan Chaabi, Moroccan regada, and so on.
(PA ADM 2022, Implementation 1.9.2022)

- 8 .
- Book 3, section 1, under 1.10 Oriental/Belly Dance**
- ORIENTAL classic and folk**
- Shaabi and baladi can be danced in both classical and folk.**
- The judges in this case evaluate: what technique is used (classic or folk), costume, image all in 3D.
Reason:
- Shaabi and baladi-these dances can't be just folklore. These dances, the dancer traditionally chooses where to dance. Folk costume + folk movements = folk category, but classic costume+classic technique = oriental classic category. Judges often put a C or B when they see (as they think) a folk baladi in the classics or a shaabi in the classics. But this should not happen. There is no folk or

classic baladi. Baladi is translated from Arabic as homeland, and everything that is heartily danced in Egypt in the houses is baladi.

(PA ADM 2022, Implementation 1.9.2022)

9 .

Book 3, section 1, under 1.10 Oriental/Belly Dance

ORIENTAL classic

Add to the current rules

Oriental competitive dance is performed using **strictly the technique and movements of the oriental dance**. The traditional oriental dance consists mainly of movements such as shimmy, waves, hip work, chest work, belly waves, dynamic steps "highway", "chaînés" (chaîné turns) and so on. It **is not** allowed to use gymnastic jumps, falls on the floor and similar movements to enhance the visual effect.

It **is** possible to add movements from another style, for example waltz, if there is a waltz rhythm in the composition of the dance; or ballet movements are possible if muwashahat music is inserted in the choreographic composition. Such insertion of movements is possible in a minimal amount in order to emphasize the rhythm. But it is important to not forget that these movements are not oriental and may be present in the composition minimally.

Reason: Oriental classic should be clear oriental as much as possible.

(PA ADM 2022, Implementation 1.9.2022)

10 .

Book 3, section 1, under 1.10 Oriental/Belly Dance

ORIENTAL folk

In Oriental folk, it is forbidden to use movements and choreographic techniques from other dance styles, such as jazz, modern, ballet, hip-hop, and other modern dance styles, as well as gymnastic elements.

Reason: Oriental folk is performed strictly using techniques, musical accompaniment and costume strictly related to this dance. It is not possible to use the choreographic movements of the entire region for one dance. For example, it is impossible to use movements from the dances of the entire Maghreb region (the countries of Morocco, Algeria, Tunisia) in one Moroccan «regada» dance. To enhance the visual effect, it is not allowed to use movements that are not related to this style, for example, from ballet, modern, gymnastics.

(PA ADM 2022, Implementation 1.9.2022)

11.

Book 3, section 1, under 1.10 Oriental/Belly Dance

ORIENTAL classic and Oriental folk music

For the Oriental classic dance discipline only Oriental classic music is allowed.

For the Oriental folk dance discipline only Oriental folk music is allowed.

Reason/Explanation: Music from an European movie in Arabic language, or Italian opera in Arabic language, Russian folk songs in Arabic language, ... cannot be used. For example, a song from the movie "Titanic", sung in Arabic language, cannot be performed in the Oriental classic discipline, as it is not the music of classic oriental dance.

Condition: The music committee must be installed to check all music

(PA ADM 2022, Implementation 1.9.2022)

12 .

Book 3, section 1, under 1.10 Oriental/Belly Dance

ORIENTAL children costume

Allow children to dance in a sleeveless costume.

At the same time, the ban on the neckline is preserved.

Reason/Purpose: Very often there are a lot of people in the hall where the competitions are held, in the children's nomination there are always a lot of participants. Children are required to wear fully enclosed costumes, and it is correct. But it is very difficult for them to dance in such a costume. If possible, it would be good to allow at least a suit with any sleeve length, not just 3/4 or full sleeves.

(PA ADM 2022, Implementation 1.1.2023)

13 .

Book 3, section 1, under 1.12 - Performing Arts Improvisation

NEW DISCIPLINE under PERFORMING ARTS

Rules are in **dark RED**, explanations and comments are in *purple*.

Performing Arts Improvisation has been a successful dance discipline in Poland for 6 years. Germany adopted the dance discipline in 2019 with equal success.

The focus lays on the direct implementation of the music by the dancer. With non-distracting clothes, everything is concentrated on the base/essence of dancing. A fixed choreography is not necessary or required.

This reduction makes a competition system possible in which several dancers can dance on the floor at the same time to a given music they don't know prior to the performance. This gives many dancers the opportunity to take part in the competition without choreographic preparation. Dancers and audience love this pure and spontaneous dancing to various pieces of music.

Performing Arts Improvisation (short: PA Impro)

Because of the specified rules, some PA disciplines are automatically not involved. Additionally, the new discipline should be presented in connection with the Ballet/Jazz/Modern & Contemporary/Show Dance Championships or other IDO events.

Categories

Solo

No gender splitting, as it's not necessary for this kind of dance discipline.

Age Divisions

Junior 2, Adult (possible other age divisions may be added in future), in Zakopane 2022 also Junior 1

Duration of each performance

1:00 minute (Each round, every dancer dances a one minute presentation three times)

Music/Tempo

Music of each round and heat is chosen randomly with an approved playlist from the PA Department. The music selection can be/should be fast, slow, lyrical, excessive and much more (each mood). It has to be age appropriate. The tempo should vary.

The music should be selected by the PA department or a special music working group inside the department. Not by the organizer.

The choice must meet all the above mentioned criteria and great variety of music each cut on 1 minute base. At the venue, each heat and round can be chosen randomly from the computer.

The dancer's quality should be shown by the way they improvise and use technique, doesn't matter if the music is fast or slow.

Characteristics and Movement:

PA improvisation gives solo dancers the opportunity to develop freely on previously unannounced music and to shape it in dance, in order to interpret it in the sense of a PA dance, reduced to their own physicality without a fixed choreography/routine. It should mainly be based on the specific Performing arts techniques and variations of Ballet, Jazz, Modern & Contemporary.

Experiences in Poland and Germany showed that dancers appreciate this kind of competition as nobody has to learn any routines. It's all about the FEELING of music in connection with abilities of Ballet/Jazz or Modern & Contemporary dance technique/s.

Competition procedure

Dancers will compete according in order of their start numbers which have to be presented clearly on the costume's front side. Different music should be played for each round and heat. Each round should be redesigned by the dancers and the music should be re-interpreted. Dancers shouldn't copy their presentation from round to round but improvise to the music which they listen to in the moment of their presentation.

The competition consists of preliminary rounds, semi-final and the final.

Each round starts with an opening presentation, followed by main presentation, ends with a closing presentation.

Preliminary rounds:

Opening and closing presentation:

The dancers can be divided into several heats with up to 12 dancers if necessary.

Main presentation:

The dancers can be divided into heats up to 4.

Semi-final:

Opening and closing presentation:

The dancers can be divided into two heats with up to 8 dancers if necessary.

Main presentation:

The dancers can be divided into heats up to 2.

Final:

Opening and closing presentation:

The dancers will all dance together.

Main presentation:

The dancers will dance alone, one by one.

There might be a similarity to the Disco-slow (or whatever name) competition system, but Improvisation in the PA also has a long tradition. Important to know is that the focus lays on PA techniques.

Costumes/Props

Only tight black dancewear is allowed in this discipline. No extras on the costume (glitter, stones, accessories etc.) are allowed. Skin-colored tights can be added as a supplement. Costumes must be age appropriate, have to fit properly and must always be in good taste. They have to follow the Code of Ethics and the general costumes rules.

Dancers are not allowed to change their costume during a performance or during a competition, unless it is ordered because of an infraction of the Costume Rules.

To dance barefoot, in socks or jazz shoes is obligatory. Shoes that could damage the dance floor cannot be worn and are prohibited.

Props are not allowed.

The reduction on black dancewear without any other additions underlines the focus on the improvisation, technique and image of the dancer. Dancers appreciate this reduction as it concentrates everything on their feelings and used techniques for the specific song which was chosen.

Acrobatic Movements:

Acrobatic movements are allowed, but only during the main presentation. It doesn't have to dominate the performance. Gymnastic lines (gymnastic tricks) are not allowed. The PA improvisation should not look like an acrobatic dance routine.

Acrobatics for Children follow the General rules in the PA.

The experience showed that the dancers very rarely try to upgrade their improvisations with spectacular acrobatics and tricks. We won't leave it out completely because some use it instinctively as the music gives them the feeling for it. That's the way it should be with improvisation.

Evaluation

Preliminaries and Semi final: Crossing system, optional point system

Final: 3D (exchange Composition with the **C**apability to **I**mprovise)

As always, the adjudicators should have the 3D system in their minds when they use the crossing system in the preliminaries and the semi final.

Judging:

Adjudicators should be licensed in any of the PA disciplines: Ballet, Jazz, Modern & Contemporary, Show Dance.

(PA ADM 2022, Implementation 1.9.2022) TEST competitions possible earlier

14.

Book 2, section 3, under 3.7 and Book 3, section 2, under 2.3 and all other places

Delete Electric Boogie from the name of Popping in the IDO Rule Book

(Street ADM 2022, Implementation 1.9.2022)

15.

Book 3, section 2, under 2.3 and 2.4.

Implement rule in Hip Hop Solo and Electric Boogie/Popping of a "free tempo round", ideally in the semifinals

(Street ADM 2022, Implementation 1.9.2022, earlier TEST competitions possible)

16.

Book 3, section 2, under 2.4

New tempo rule in Hip Hop. Proposed by Sweden.

Tempo in Hip Hop SOLO:

First minute/presentation: 108 - 112 BPM (downbeat, more groove)

Second minute/presentation: 108 - 112 BPM (downbeat, more groove)

Third minute/presentation: 90 - 100 BPM (downbeat, more groove)

(Street ADM 2022, Implementation 1.9.2022)

17.

Book 3, section 2, under 2.5

Change the style rounds of the hip hop solo and crew battles at IDO events

In Hip Hop battles, under *Different styles* in the Rule book, change:

Ragga

R&B

House

D.step

Popping

into

Dancehall

R&B

House

Locking

Popping

(Street ADM 2022, Implementation 1.9.2022)

18.

Book 3, section 2, under 2.6

Change the time limit for all DISCO DANCE groups in all age divisions. Proposed by Slovakia.

Time limit for all DISCO DANCE groups in all age divisions **1:30 min. (90 sec.)**

(Street ADM 2022, Implementation 1.1.2023)

19.

Book 3, section 2, under 2.9

New discipline **IDO Disco Slow**

The categories of IDO Disco Slow are: Solo Male /Female.

Age Divisions see in General Provisions in Street Dance Disciplines.

1. Music

The music used must be SLOW MUSIC. (By checking the BPM of different DISCO SLOW dance music tracks the tempo range:

55 to 85/90 beats per minute).

The music track of the final must be the same for all the finalists!

Attempted disciplinary procedure

IDO Disco Slow, is a new discipline in IDO, for this reason it is not possible to quantify the number and turnout of participants during future competitions, for this reason, it would be right to initially experiment the discipline only in solo, Male / Female, subsequently evaluating the possible introduction of, Duo, Groups and Formations.

2. Procedure of Competition

The dancers will dance all the selection rounds, only once for 1 minute, their number may be variable (10-15 dancers per round) will depend on the size of the stage.

In the **semifinal** the dancers will dance 3 times:

30 sec (presentation) all semifinalists on the floor.

40 sec (Spot) 2 dancers on the floor.

- 1 min (last minute) all semifinalists on the floor.
- In the **final** round the dancers will dance 3 times:
 - 30 sec (presentation) all finalists on the floor.
 - 40 sec (Spot) 1 dancers on the floor.
 - 1 min (last minute) all finalists on the floor.

3. Acrobatic elements

Acrobatic in IDO Disco Slow must have acrobatic elements in which a part of the body touches the floor, and they can only be performed in the 40sec (spot) of the final, when they will dance alone.

Recommendation: the acrobatic movements cannot be more than 10% of the entire performance.

In all selection rounds, including the 3 semifinal rounds, no acrobatic element is allowed.

Because, IDO Disco Slow cannot be a series of acrobatic elements, but must be part of the dance, routine, thus raising the artistic profile of the performance, and should not dominate the routine.

Movements with 360 degree rotation in any direction without contact with the floor are not allowed.

All movements in IDO Disco Slow Dance competitions should be safe and cannot endanger the health of any of the dancers.

Acrobatic moves will not always improve a dancer's score and may even detract from the score if they are not performed technically correctly. Slow dance should be neither modern nor disco, it should create a new discipline.

4. Obscene or suggestive movements are not allowed.

The movements must be appropriate for each age division.

In IDO Disco Slow elegance and harmony of movements are appreciated.

Allowable Figures and Movements: slides, leaps, jumps, kicks, spins and pirouettes. Floor figures such as splits, back and bump spins are allowed but should be kept to a minimum. Long flowing movement across the floor must not exceed four steps at a time.

Dancers should dance at an adequate distance from a judge, leaving the judges their own space.

5. Musicality, (rhythm, breaks), feeling, dance variety and originality will be highly evaluated

6. Outfits should be suitable for the age division of the dancer (follow IDO rules)

The glass trimmings in costume, including beads, are not allowed

No make-up or fake tan of any type on children under 12 years.

The false eyelashes, or false nails, are not allowed on children under 12 years (follow IDO rules)

(Street ADM 2022, Implementation 1.1.2023) Test competition possible in 2022

20.

Book 3, section 3, under 3.4

Merengue solo and duo will be added

(Couple ADM 2022)

21.

Book 3, section 3, under 3.11 DISCOFOX

Green colour = polishing/clarifications Red = rule changes Blue = second version of rule changes

Definition: Disco Fox is known and named as Disco Hustle, Swing Fox, Disco Swing, Rock Fox in different regions. Both a Slow and a Fast dance is required. Technique and improvisation *are highly important in the Slow Round*, and overall agility and partnership dynamics are highly evaluated *in the Fast Round*.

Categorie: Couples

Age Divisions: see in General Provisions, Book 2, 3.4 Age Division.

1. **Music:** Organizer's music in all rounds EXCEPT the final round of Discofox Show, where dancers may use their own choice of music. *The intro part of the organizer's music shouldn't be longer than 20 seconds. The music should end in a slow fade out after a short louder part.*
2. **Duration of Performance:** 1:30 minutes, to conform to the end of the musical phrase, in all rounds EXCEPT the final round of Discofox Show. Music chosen for Discofox Show final round performances must be **1:30** minutes but must not exceed 2 minutes 15 seconds.
 1. Tempo 30 – 35 bars per minute in the Fast (BPM 120-140)
 2. Tempo: 20 – 24 bars per minute in the Slow (BPM 80-96)

3. Tempo: Free in the Discofox Show

3. **Accepted Characteristics and Movements:** The characteristic of the dance is basically stationary. Although the couple can move with walks and turns across the floor. Most of the time it is danced in double or one handhold in every variation like cross handhold, right in right hand or others. Wrap figures, spin turns, pivot turns, throw outs, let go and catch again actions are the main characteristics of the dance. Natural hip movements are accepted. **Posing as over sways, leans, checks, drops, lines and points are allowed, but must not dominate the performance.** Disco Fox Style must be shown.

4. **Basic Steps and Rhythms:** It consists of basic steps and basic step variation which are in the rhythm 12 X. X can be 3,&3, a3, 3&, 3a. Examples are: 1 2 & 3, 1 2 3&, 1 2 a3. Any combination of those counts, like 1& 2& 3 are allowed as variations of the basic step.

5. **Poses, Drops and Lines:** ~~Poses and drops and lines are allowed. These figures should not dominate the performance.~~

6. **Acrobatic Figures and Lifts:** In every round except the final show acrobatic figures and lifts are not allowed. In the Final Show there is no limit of the number of Acrobatic figures and lifts.

~~NOTE 1: Also lifts are not allowed, only in the final when the couples are dancing alone lifts are permitted.~~

7. **Format Qualifying Rounds:** Couples will be qualified to the next round by dancing both Fast dance and Slow dance. The Cross - System, will be used. ~~The total number (Fast and Slow) determines which couples are qualified to the next round.~~

a. In the opening round all couples shall be seen by the Adjudicators in a presentation dance for 1 minute Discofox Fast. ~~In the event of many entries and therefore the floor will be too crowded, the presentation dance could be divided in two or more groups.~~

b. The couples will thereafter be divided into heats. The number of couples in the same heat is depending of the size of the dance floor but should not exceed 6 couples. ~~The Chairperson gives a signal when all Adjudicators are ready.~~

c. All couples must perform Discofox Fast before the Discofox Slow is commenced - 1 minute 30 seconds Fast dance each heat, then 1 minute 30 seconds Discofox Slow dance each heat.

d. The Adjudicators mark the qualified couples in each Fast and Slow dance separately.

e. In all following qualifying rounds, including the semi-final there will be no presentation dance in the beginning of the round.

8. **Hope Round:** The Organizer has to run a "Hope round" as a mandatory regulation. There will be no opening round in the hope round. **When Discofox JACK & JILL is part of the competition, Hope round is not obligatory.**

9. **Final Round:** Couples will dance three dances in the final. Discofox Fast all together for 1 minute 30 seconds. All couples will then dance the Discofox Slow together for 1 minute 30 seconds. In the Discofox Show each couple will perform alone 2 minutes to 2 minutes 15 seconds. In case of direct final, 1 minute presentation Slow dance is added in the beginning of the final. At least a 20-minute break after finishing the first 2 dances before starting Discofox Solo Show is obligatory. The Adjudicators place the couples in order of merit for each dance separately. The placing in the final will be determined by using the Skating System over all 3 dances.

10. **Stage Props and Scenic Background:** forbidden

3.15.2 DISCOFOX JACK & JILL (J&J)

Discofox J&J Categories are Couple, Solo Leader and Solo Follower

Jack & Jill will be danced only in the Adults and Adults II division.

The partnership will be divided by random and will change in every dance/ final round. The dancers ~~(male and female leader and follower) can enroll one by one, not as a couple.~~ **Leader and follower can be a male or female, each dancer can enroll to the only one position (leader or follower, not both).**

During the qualifying rounds the judging of the leaders and followers will be divided. Only in the final they will be judged also as a couple.

1. **Music:** see rules of Discofox

2. **Duration:** see rules of Discofox

3. **Characteristics and movement:** see rules of Discofox

4. **Acrobatic figures and lifts:** see rules of Discofox

5. **Hold:** see rules of Discofox

6. **Format of qualifying rounds:** **There will be a fast and slow round in the qualifying rounds. Dancers will dance with different partners.**

About 50% of the higher number (leader or followers) and the same number of the lower number will be qualified for the next round. Each dancer will be evaluated by him/herself. The main focus has to be lead and follow.

7. **Final round:** In the final round **the dancers** will perform in couples (**chosen randomly**) and will dance together fast, slow and a **one by one fast show**. For the show part the couple can choose their own music. The break between the last dance of the qualifying rounds and the final has to be at least **30 min**.

8. **Placement:** The placement will be done by skating system, each dance (**fast, slow, fast show**) will be evaluated **separately** and the overall counting done also by skating will show the placement **in solos (fast and slow dance) and couples (fast show)**.
(Couple ADM 2022, Implementation 1.9.2022)

22.

Book 3, section 3, under 3.16 **LATIN STYLE**

The **Categories** are: **Solo Male, Solo Female, Duo, Group** and **Formation**.

AGE DIVISION

According the **“General Rules”** see in General Provisions, **Book 2, 3.4 Age Division**.
In Adults division **Duo** will be divided in **Duo mixed, Duo female and Duo male**.

Solos and Duos

1. Duration of the performance:

Organizer's music.

For the first qualification round the **first presentation is one (1) minute, then one minute and 30 sec (1.30”),**

the last presentation is one (1) minute.

For the other rounds including the final the duration of the music **is 1 min 30 sec (1.30”).**

2. Tempo Solos and Duos:

Samba: 50-52 Bar per min 100-104 Beats per min

Cha Cha Cha: 30-32 Bar per min 120-128 Beats per min

Rumba: 25-27 Bar per min 100-108 Beats per min

Paso Doble: 60-62 Bar per min 120-124 Beats per min

Jive: 42-44 Bar per min 168-176 Beats per min

3. Procedure of Competition:

In the **first qualification round** the dancers (**Solos** and **Duos**) perform three (3) times.

Each group of competitors begins and ends with a one (1) minute overlooking round.

In the **overlooking round up to 24 Solos or 12 Duos compete** together at the same time.

First, in the beginning, the dancers must perform all in the **“big groups heats”** with up to 24 **Solos** or 12 **Duos** in

every heat and then all the **“normal group heats”** with up to 12 **Solos** or 6 **Duos** in every heat, and at the end again

all the **“big groups heats”** with up to 24 **Solos** or 12 **Duos** in every heat.

In the other rounds, dancers perform only once.

The number of dancers on the floor from preliminaries to the semi-final included is 12 **Solos** or 6 **Duos**.

Minimum 5, maximum 8 **Solos** or **Duos** dancing together in the final round.

4. Characteristics and Movements:

For both **Solos** and **Duos**, dancers must choose the discipline where to compete (Samba, Cha cha cha, Rumba, Paso

Doble, Jive).

They have to dance strictly in **International Latin American Competition Style/Technique**.

Duos must dance **synchronized** or **symmetrical**.

Any type of contact is forbidden.

Attention: it is not a **“couple dance”** and the start of the performance must be in a **“side by side”** position.

The maximum distance in Duo has to be 2 m throughout the performance.

5. **Acrobatic movements and lifts:** Forbidden

6. **Stage props:** Forbidden

7. **Allowable Figures and Movements:**

We are looking for some of the many **International Latin American Competition Style/Technique** dance style

performances to **International Latin American Competition Style/Technique** music such as Samba, Cha cha cha, Rumba, Paso Doble, Jive.

8. Clothing:

Costumes must follow the “General Rules” governing Costumes.

Costumes and shoes must fit the type of **International Latin American Competition Style/Technique** and should underline the special **Latin Dress Code Fashion**.

Dancers are not allowed to change their costumes during a performance or during the competition unless it is ordered because of an infraction of the costume rules.

9. Hairstyle and Make-up:

Allowed for all group ages, but have to follow the “General Rules” (Kids!!!)

Groups & Formations

1. Duration of the performance:

2:30 to 3:30 minutes.

2. Tempo Groups and Formations:

Samba:	50-52 Bar per min	100-104 Beats per min
Cha Cha Cha:	30-32 Bar per min	120-128 Beats per min
Rumba:	25-27 Bar per min	100-108 Beats per min
Paso Doble:	60-62 Bar per min	120-124 Beats per min
Jive:	42-44 Bar per min	168-176 Beats per min

3. Procedure of Competition:

In each round the **Group** or **Formation** dances alone with its own music.

4. Characteristics and Movements:

Groups and **Formation** must use a minimum 3 of the 5 dances at least 20 sec each, in any order they like.

They must dance strictly in **International Latin American Competition Style/Technique**, as well.

They can have one **introduction** or/and **ending** of 15” with free choreography.

They must change lines, shapes, and use the whole space on stage.

Attention: it is not a “**Syncro Dance**” performance.

They can dance a part of their performance without music (**once and maximum for 10 sec**) if this choice **acapella**

(**no music**) it is at the beginning or the ending of performance, must be **marked with clear audible sound (beep)**.

This time is included in the performance’s duration.

It’s not allowed a choreographed **entrance** and/or **exit** on stage.

All the members of the teams must be on stage and have to dance the whole time of the performance.

5. Any type of contact: Is allowed

6. Acrobatic movements and lifts: Forbidden

7. Stage props: Forbidden

8. Allowable Figures and Movements:

We are looking for some of the many **International Latin American Competition Style/Technique** dance style

performances to **International Latin American Competition Style/Technique** such as Samba, Cha cha cha, Rumba, Paso Doble, and Jive.

9. Clothing:

Costumes must follow the “General Rules” governing Costumes.

Costumes and shoes must fit the type of **International Latin American Competition Style/Technique** that the dancers are doing and should underline the special **Latin Dress Code Fashion**.

Dancers are not allowed to change their costumes during a performance or during the competition unless it is ordered because of an infraction of the costume rules.

10. Hairstyle and Make-up:

Allowed for all group ages, but have to follow the “General Rules” (Kids!!!)
(**Couple ADM 2022, Implementation immediately**)

23.

Book 5, under 5.8 – Financial Regulations

Reimbursement of travel and transport if IDO-officials must use the car for travel (change of the Dance Sport Rules, Book 5, Section 5.8.11)

To change of the rule for the reimbursement of the IDO officials when using own car:
from 0,33 euro to **0,45** euro per km.

(AGM 2022, Implementation date: 01.01.2023)

Separate documents and rules – passed at AGM 2022

24.

New STATUTES OF INTERNATIONAL DANCE ORGANIZATION (IDO)

AGM 2022, Implementation date: 12.07.2022

25.

New BY-LAWS OF INTERNATIONAL DANCE ORGANIZATION (IDO)

AGM 2022, Implementation date: 12.07.2022

26.

New rules for the ORGANIZER BOOK

Obligatory video and photo content from the IDO events

IDO Event Organisers will need to send the Social Media Team:

- A minimum of 10 photos of their competition, daily
- Static video content of each dance floor using the following specifications:

(a) Video settings: Full HD 1920 x 1080p

(b) If recording is using a mobile, then the footage needs to be recorded on a tripod

AGM 2022, Implementation date: 01.09.2022

27.

Visa invitation letter

All IDO organizers must communicate with the IDO Head Office before sending any kind of invitation letter or confirmation document that could be used for obtaining visa.

AGM 2022, Implementation date: 12.07.2022

BALLET - annex

DANCE STYLE/DISCIPLINE	IDO DANCE DISCIPLINE	ORIGIN/LINEAGE	PERFORMANCE STYLE	MOVEMENT STYLE	MOVEMENT QUALITY	CHOREOGRAPHIC APPROACH	TECHNIQUE UTILIZED	DEFINITION
BALLET	REP	As above for Classical	As above for Classical	Utilizes same Lines as	As above for Classical	To respect and understand the	As above for Classical	To engulf the essence of

	ERT OIR E	Ballet. Romantic era of the 18 th and 19 th century	Ballet.	Classical Ballet, with a strong focus on presenting a mood and a cast of different characters.	Ballet including poise, balance, fluidity, technical precision and coordination.	original choreography of the famous and talented choreographers from the past. There is a long list of repertoires to choose from. For IDO choose from the selected list.	Ballet, with secure balance and turns and use of space. Attention to rhythm and dynamics.	Classical Ballet above and develop strength, accurate footwork, gracefulness and facial expression to convey the character presented to the audience.
BALLET	OPE N CLA SSIC AL OPE N CLA SSIC AL	Origins in the 17 th Century French Court Ballet of the “Academie Royale de Danse” and at the Russian Imperial School of Ballet in the 19 th century. Italian Choreographic masters introduced the Cecchetti method and ballet grew throughout Europe including the Royal Academy of Dance in London and spread throughout the world.	Elegant aesthetics, focusing on long lines and graceful port de bras. Precision in footwork, strong ballon showing good allegro and grand allegro. Audience appeal and interaction. Execution of adage as well as multiple turns and fouettes are some highlights.	Dancers move with the greatest possible agility, using steps defined in the classical ballet vocabulary. There is strict adherence to correct form and technique, especially turn-out of the legs and flawless footwork	Dancers carry out precise movements, though they strive to appear flowing and ethereal. This includes lithe aesthetics, natural ballon demonstrating control, lightness and grace.	Choreography focuses on fluid, graceful movements and long lines. Various choreographic forms include exploring narrative form (storytelling) and may include use of canon. Balance and symmetry are used along with creativity. Sets and costumes can be elaborate.	Technique is based on the turned out position of the legs, which increases the range of movement through added mobility in the hip joint and thus imparts a more pleasing line to the extended leg. Core strength is required for posture and alignment and dancer requires coordination and flexibility	Also called Romantic Ballet, based on formalized movements to enable the dancer to move with agility, control, speed, grace and lightness. It is the developing academic technique over centuries and is ever evolving.